ORGANIZATIONAL INFORMATION

Half marathon 21,0975 km

1. Race office (collection of starting packages based on the race ticket with a QR code) – sports hall III High School Gniezno ul. Sobieskiego 20;

open: Saturday, 14.09.2024 from 4:00 p.m. to 8:00 p.m., Sunday, 15.09. 2024 from 7.00 a.m. to 9.00 a.m.

The starting package can be collected by another person based on your race ticket with a QR code. Giving a ticket with a QR code to another runner is tantamount to authorizing that person to collect the starting package.

2. Luggage storage - deposit at the race office; open: Sunday, 15.09.2024 from 7:45 a.m. to 3:00 p.m.

(marking and collection at the starting number)

3. Mobile deposit (applies to hand luggage, tracksuit, sweatshirt, etc.) - marked buses in the parking lot 100 meters from the start; IMPORTANT: you must have your own bag/bag for the mobile deposit and a sticker with the starting number. You will receive the sticker when collecting the package at the Race Office

Collection of items from the mobile depository until 14:30 approx. 200 m from the finish line, ul. Jeziorna (marking and collection at the starting number).

- **4. Departure of buses** with competitors at the start at 8:15 9:45 from the parking lot at ul. Sobieskiego 20 (between the Race Office and the IBIS hotel).
- **5.** Access by your own transport it is possible to travel to the start using your own transport. Access possible until 10:20.

For people who get to the start with their own transport, there will be a free parking lot on the road leading from Dziekanowice to Ostrów Lednicki, approximately 700 meters from the start.

After the winners are decorated (around 3 p.m. from Łaskiego Street next to the finish zone), the bus will take the drivers who will leave their cars near the start to Ostrów Lednicki.

- **6. Sanitary cabins** (Toi-toi) at the race office, near the start and finish line and at the nutrition points.
- **7. Free accommodation** from September 14, 2024 to September 15, 2024 in the hall of the Gniezno Sports and Recreation Center, ul. Bł. Jolenty 5 sleeping bags and mattresses on your own (no need to book in advance).
- **8. Parking** lots in the center of Gniezno free of charge: ul. Sobieskiego 20 (next to the Competition Office, next to the IBIS hotel) and ul. Sobieskiego 17 (MAX Shopping Center)

Paid at ul. Łaskiego 10 (near the finish zone).

A detailed list of parking lots is available at https://bieglechitow.pl/parkingi/

Please respect traffic regulations when parking on city streets.

- **9. Start and time zones** designated at the start At the starting point, time zones for results will be marked with boards: from 1:30 to 2:05. Please take seats appropriate to your abilities and planned results. The START will be in waves.
- **10. Pacemakers** (marked with special flags) will lead the groups for the following times: 1:30, 1:35, 1:40, 1:45, 1:50, 1:55, 2:00, 2:05, 2:10, 2: 15, 2:20

- **11. Water nutrition points** (water cups) will be located at 5.5 km, 7.5 km, 10.5 km + isotonic, 14.5 km, 18.5 km, finish line + isotonic.
- **12. Museum attractions** on the day of the race, at the starting point, event participants will be able to take a ferry to the island of Ostrów Lednicki the place of the baptism of Poland (between 9.00 and 11.00). And until the end of September 2024 they will be able to visit the Museum of the First Piasts in Lednica and the Museum of the Archdiocese of Gniezno for free. (after presenting your starting number at the ticket office).
- **13. Please note**: there will be 1 turnaround (so-called safety pin) per 6.3 km of the route.
- 14. Kilometer markings each kilometer will be marked with the PKO BP flag
- **15.** Shower after the race sports hall III High School Gniezno ul. Sobieskiego 20 (Run Office)
- **16. Running T-shirt** for people who have purchased the PREMIUM package, collection at the race office based on the QR code.
- 17. A regeneration meal, beer from the Fortuna brewery and coffee/tea, served after the race at st. Wojciech Square in a closed zone near the finish line upon presentation of the starting number.
- **18. Players' decoration** stage at St. Wojciech Square near the finish line: Lechite Five at 1:00 p.m., half marathon 2.00 p.m. (the presence of award recipients is a condition for receiving the prize).
- **19. Telephone** number for medical services: 602-790-825.

It is a good practice to write down the contact details of a loved one in case of an emergency on the back of your starting number.

- 20. Joint warm-up before the start at 10:35 led by personal trainer Olimpia Toboła
- **21. Engraving of medals** near the stage (if you have not purchased the engraving option in the starter package, you can pay for the engraving service on site: PLN 25; payment in cash, telephone, card and blik)
- **22. Free post**-race massages in the closed competitor zone

We wish everyone a pleasant stay in Gniezno, a successful start and lots of fun!